

New Residents

Please be sure and give our new neighbors a warm welcome! There are so many opportunities to meet your neighbors in the dining room and as you join in our daily activities.

We look forward to meeting you!



Gregg K.

Loretta E.

Ronald L.

Linda N. and Cynthia F.

Resident Ambassadors

Judy D.	Ginny L.	Sharon B.	Ken B.
Mary Lou S.	Bobbie W.	Avis Von E.	Fran K.

Here at Nine Mile we have a group of residents dedicated to welcoming our new neighbors! Please don't hesitate to contact any one of them or our Life Enrichment Director, Lauren, if you have any questions about the community or our monthly calendar.

Resident Council

Judy D.	Pat H.	Ginny L.	Curt C.
Sharon B.	Janet S.	Pat W.	Mary Lou S.

Do you know that we have an active Resident Council here at Nine Mile Creek? Do you have some concerns or questions about the community or things you would like to see changed or implemented? Let your voice be heard! Feel free to contact these residents listed above if you have something in mind. Resident Council is the second Monday of each month at 2:30pm.

Our Management Team



Luke L. Executive Director	Leanne O. Director of Health Services	Paul A. Maintenance Director	Tami F. Marketing Director	Charlie W. Culinary Director	Lauren M. Life Enrichment Director	Brigitte P. Resident Services Coordinator
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Nine Mile Creek
Senior Living



March 2025 Newsletter

2301 VILLAGE LANE, BLOOMINGTON

A NOTE FROM OUR LIFE ENRICHMENT DIRECTOR

Grocery Store Outings:

Fridays at 10:00am the bus will shop at one of the following locations:

- 3/7 Festival Foods
- 3/14 Cub/Arcs Value/Dollar Tree
- 3/21 Target/Trader/Byerly's
- 3/28 Walmart/Aldis

Game Time:

Check the calendar for programs that fall on alternating weeks.

- Mondays:** Crosswords at 3:30
Cards "500" at 6:00
- Tuesdays:** Mexican Train at 10:30
Billiards at 3:30
Bridge Club at 6:00
- Wednesdays:** Penny Poker at 3:30
- Thursdays:** Cribbage Club at 1:30
Wii Bowling at 2:30
Bingo at 3:30
- Fridays:** L/R/C Dice Game at 3:30
Cribbage Club at 6:00
- Saturdays:** Rummikub at 1:30



Happy March!

This month we celebrate Women's History Month, Mardi Gras and of course St. Patrick's Day. Speaker Gary Hanson will return on March 28th for a special presentation on Women Artists: Mary Cassatt, Grandma Moses and Georgia O'Keefe.

Due to the outbreak of norovirus we were unable to go on our outings, let's try them again this month! We'll have another opportunity to go to the Spring Flower Show inside at the Arboretum before it's finale. We will also go out for lunch at Good Earth at the Galleria, and take a visit to the Museum of Russian Art. We also had to reschedule some of our entertainment that was cancelled in February. We have rescheduled them for concert-style settings on Tuesday 3/18 and Monday 3/24.

I encourage you to read the following pages to learn more about what we have to offer this month! Please be sure to take a close look at your calendar, we have a lot to look forward to!

Thank you for your continued patience and understanding as we navigate to keep you healthy and stop the spread of infection!

See you soon!
Lauren Mielzarek
(952) 346-9574



Monthly Activities

Calendar Planning What's Happening? We will meet on the second Monday of the month at 10:30am in the Event Center. Bring your ideas, let us know what you would like to see on the calendar. YOU are what makes this possible so please share with us!

Book Club is on the 2nd Tuesday of each month at 1:00pm in the Event Center.

Chat with Chef is on the 2nd Wednesday of each month at 10:30. This is a great opportunity to share your comments with our Culinary Director Charlie. Please attend, your feedback matters!

Coffee Talk is the 3rd Monday of each month at 10:30 in the Club Room. Let's get together and meet our neighbors! Coffee and treats will be served.

Men's Group is the 4th Monday of each month at 10:30 in the Club Room, join us for a sweet treat and casual conversation with the other men of Nine Mile Creek.

Town Hall is a monthly meeting where you can learn what's going on in our community. This month Town Hall is on Tuesday March 25 at 3:30pm in the 2nd Floor Event Center.

100 Hearts: My Greatest Love! - Ginny Laughinghouse

Friday 3/14 at 2:00pm - Join our very own Nine Mile community member, Ginny, for her presentation on her journey as a foster parent.



Lifelong Learning - MacPhail Music

Tuesday 3/4 at 2:00pm - Join our instructor Andrea for the fascinating topic of Country Music, Second Generation: Loretta Lynn, Dolly Parton, Johnny Cash and Willie Nelson.

Women Artists Presentation

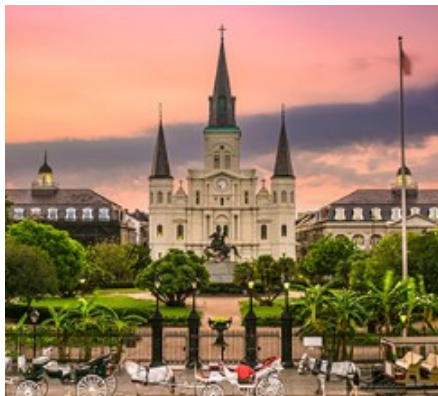
Tuesday, March 28 at 2:00pm in the Theatre

Join our educational speaker, Gary Hanson, for a special presentation on Women Artists, specifically Mary Cassatt, Grandma Moses and Georgia O'Keefe.



Armchair Travel

New Orleans — Join us as we travel to Louisiana for Mardi Gras! Meet us in the 4th Floor Theatre on Tuesday March 4th at 1:00pm for a 44 minute travel video. We will see you there!



Entertainment

Wednesday 3/5 — Cookies & Concert with Summit Music

Wednesday 3/12 — Shamrock Social Hour and Celtic Violin with Larry Greenstein

Tuesday 3/18 — Morning Concert with Summit Music

Wednesday 3/19 — Cookies & Concert with Tomi Majoros, Latin Guitar

Monday 3/24 — Concert with Vinnie Rose, acoustic guitar

Wednesday 3/26 — Happy Hour with Robert Boziach, piano



Holidays

Women's History Month is a time to recognize the contributions of women throughout history and to celebrate the progress toward gender equality. It is a time to honor the achievements of women in the United States, remember those who fought for gender equity, recognize the history-makers and barrier breakers, celebrate the women who came before us and paved the way. Remember how far our nation has come in terms of freedom for women and equal rights



Mardi Gras, festive day celebrated in France on Shrove Tuesday (the Tuesday before Ash Wednesday), which marks the close of the pre-Lenten season. The French name Mardi Gras means Fat Tuesday, from the custom of using all the fats in the home before Lent in preparation for fasting and abstinence.

Ash Wednesday is a Christian holiday marking the first day of Lent, a period of fasting and reflection leading up to Easter, where worshippers traditionally receive ashes on their foreheads as a symbol of repentance and mortality, often accompanied by the phrase "Remember that you are dust, and to dust you shall return" - signifying the need to return to God and acknowledge their human limitations; it is a day of solemn prayer and preparation for the Easter celebration.



Daylight Savings Daylight Saving Time Ends, sometimes considered to be a holiday, literally refers to the date that daylight saving time (DST) ends. DST ends on the first Sunday in November each year since 2007. From 1967 to 2006, DST ended on the last Sunday in October.

St. Patrick's Day commemorates Saint Patrick and the arrival of Christianity in Ireland, and, by extension, celebrates the heritage and culture of the Irish in general. Celebrations generally involve public parades and festivals and the wearing of green attire or shamrocks.



A Message from Our Chaplain

My family and I like to sing together at home. One of our current family favorites is an African-American spiritual often called "Child of God." My two young daughters and I will sing it together, sometimes going from person to person so that we each might get to sing out loud and proud: "I'm a child of God!"

"If anybody asks you who you are,
who you are,
who you are,
If anybody asks you who you are,
you tell them,
you tell them,
I'm a child of God!"

For my children, this song serves as an important reminder of their belovedness. No matter how others or the world at large might treat them, I want them to know that they are loved and lovable, just as they are.

The song itself was originally composed by enslaved African-Americans who by singing it laid claim to their own humanity. Regardless of the contempt and cruelties heaped upon them by their slave-masters and the wider world, they recognized that nothing and no one could change the fact of their ultimate dignity as people.

We ourselves have never known enslavement but I think this powerful song has a message for each of us. Those of us struggling with the realities of growing older - whether the everyday aches and pains, the loss of independence, changes to our ability to get around or do what we have long been able to do so easily, or growing grief - may sometimes doubt our purpose and question the meaning of our lives. Sometimes getting older can feel like little more than a steady stream of indignities. And yet, nothing and no one - not even old age! - can take away our dignity. Nothing and no one can change the fact that each of us is loved and lovable, just as we are.

~ Chaplain Craig Simonsen



Popcorn & Previews



Come for the fresh popped popcorn, stay for the previews!
Have you been wondering what movies are playing in our Theatre? Come to the 4th Floor Theatre on Mondays at 1:00pm to watch the movie trailers for each week. Popcorn will be served! We choose our movies each week based on your choices and suggestions, so please continue to share your ideas. We pick our movies up from the Hennepin County Library each week.

Movies are scheduled for:
Wednesdays 6:30pm
Saturdays & Sundays at 2:00pm

Events & Outings Sign Up:

Please be sure to sign up in advance for our bus outings. Sign-Up Book is located in the lobby.

3/12 — Spring Flower Show & Lunch at the Landscape Arboretum

Bus leaves at 10:30am. Join us as we visit the Spring Flower Show inside the Visitor Center! Please bring money for a café lunch. There is also an art gallery and gift shop available.

3/19 — Lunch Outing to Good Earth & Walk at Galleria Mall

Bus leaves at 10:30am.
Join us as we enjoy an early lunch and a walk inside the Galleria Mall in Edina.

3/26 — The Museum of Russian Art

Bus leaves at 10:00am. Tickets will cost \$10 at the door. You may pay there, or Lauren will buy your ticket and you will see the charge on your next billing statement.

Current Exhibitions:

A Thousand Nesting Dolls: The exhibition showcases TMORA's unique collection of nesting dolls.
Russia's Native Mushrooms: Botanical Watercolors by Alexander Viazemsky.
Say No to War: Political Cartoons by Ukrainian and Russian Artists.



Spiritual and Religious Services

- **Bible Study & Coffee with Chaplain Craig:** Thursdays at 10:30am, all are welcome.
- **Catholic Communion:** Thursdays at 10:00am, led by volunteers from Nativity of Mary Church.
- **Church Service:** Non-denominational, Thursdays at 1:00pm with Chaplain Craig

Valentine Cookie Decorating Social



Resident Birthdays

March Birthdays!

Please join us on Friday, March 21 to celebrate all of our birthdays this month. Everyone is invited and encouraged to attend the party! We will share a song, cake from the kitchen and good company.

Genelle L.
Frank S.
Joni W.
Roger B.
Phyllis L.
Sharon B.
Janet S.
Jo-Ann T.



B-I-N-G-O!

